

Limietenwedstrijd: Session: 1: COACH Evaluation sheet for TEAM: BRABO

Coachinfo: Warming up from: 10:00 untill 10:45. Teamleadmeeting @ 10:45 The listed starttimes are indicative!

Coaches: El Yousfi Yassin HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 2: 200M MEDLEY MEN 11-12							Heat:2, starttime: 11:13	
Heat: 2/2 Lane : 7 Athlete: ROOSEN MATHIJS							Q-time: 03:27:24	
PB (25m pool): no time			PB (50m pool): 02:57.09SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 3: 100M FREESTYLE WOMEN 13-14							Heat:2, starttime: 11:20		
Heat: 2/5 Lane : 5 Athlete: CORNELIS MARJOLEIN							Q-time: 01:18:70		
PB (25m pool): 01:18.70 Groenenhoek Berchem 05/10/2025							PB (50m pool): 01:18.88SB: 01:18.70 Groenenhoek Berchem 05/10/2025		
	2 5 M		5 0 M		7 5 M		1 0 0 M		
PB			00:36.92				01:18.70		
	00:36.92				00:41.78				
									

Coach feedback:

Event number: 3: 100M FREESTYLE WOMEN 13-14							Heat:3, starttime: 11:22	
Heat: 3/5 Lane : 1 Athlete: GORIS ZITA							Q-time: 01:15:58	
PB (25m pool): 01:15.58 Groenenhoek Berchem 05/10/2025				PB (50m pool): 01:12.50SB: 01:15.58 Groenenhoek Berchem 05/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:35.70		01:15.58				
	00:35.70		00:39.88					
								

Coach feedback:

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Event number: 4: 100M FREESTYLE MEN 13-14					Heat:1, starttime: 11:27
Heat: 1/3 Lane : 3 Athlete: GORIS FINN					Q-time: 01:19:85
PB (25m pool): 01:19.85 Nijlen 16/11/2025					PB (50m pool): 01:16.60 SB: 01:19.85 Nijlen 16/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.76		01:19.85	
	00:37.76		00:42.09		
					

Coach feedback:

Event number: 4: 100M FREESTYLE MEN 13-14					Heat:2, starttime: 11:29
Heat: 2/3 Lane : 1 Athlete: CARPENTIER THIBO					Q-time: 01:11:72
PB (25m pool): 01:11.72 Stedelijk Zwembad Geel 15/02/2026					PB (50m pool): 01:16.94 SB: 01:11.72 Stedelijk Zwembad Geel 15/02/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.27		01:11.72	
	00:34.27		00:37.45		
					

Coach feedback:

Event number: 4: 100M FREESTYLE MEN 13-14					Heat:2, starttime: 11:29
Heat: 2/3 Lane : 4 Athlete: MICHELS LINUS					Q-time: 01:06:73
PB (25m pool): 01:06.73 Temse 21/12/2025					PB (50m pool): 01:08.56 SB: 01:06.73 Temse 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.29		01:06.73	
	00:31.29		00:35.44		
					

Coach feedback:

Event number: 4: 100M FREESTYLE MEN 13-14					Heat:2, starttime: 11:29
Heat: 2/3 Lane : 8 Athlete: VAN CAMPFORT OLIVIER					Q-time: 01:11:81
PB (25m pool): 01:11.81 Temse 17/11/2025					PB (50m pool): 01:06.74 SB: 01:11.81 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.96		01:11.81	
	00:34.96		00:36.85		
					

Coach feedback:

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Event number: 4: 100M FREESTYLE MEN 13-14					Heat:3, starttime: 11:31
Heat: 3/3 Lane : 4 Athlete: JAMMAER TIJL					Q-time: 01:00:66
PB (25m pool): 01:00.66 Temse 21/12/2025					PB (50m pool): 01:02.01 SB: 01:00.66 Temse 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.98		01:00.66	
	00:28.98		00:31.68		
					

Coach feedback:

Event number: 5: 100M BREASTSTROKE WOMEN 13-14					Heat:2, starttime: 11:35
Heat: 2/2 Lane : 7 Athlete: ODINYA TAYRA					Q-time: 01:34:20
PB (25m pool): 01:34.20 Nijlen 16/11/2025					PB (50m pool): 01:36.82 SB: 01:34.20 Nijlen 16/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.59		01:34.20	
	00:43.59		00:50.61		
					

Coach feedback:

Event number: 6: 100M BREASTSTROKE MEN 13-14					Heat:1, starttime: 11:38
Heat: 1/2 Lane : 3 Athlete: GORIS FINN					Q-time: 01:57:48
PB (25m pool): 01:57.48 Herentals 17/05/2025					PB (50m pool): 01:58.37 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:54.68		01:57.48	
	00:54.68		01:02.80		
					

Coach feedback:

Event number: 7: 100M BACKSTROKE WOMEN 13-14					Heat:1, starttime: 11:43
Heat: 1/3 Lane : 3 Athlete: CORNELIS MARJOLEIN					Q-time: 01:30:81
PB (25m pool): 01:30.81 Temse 21/12/2025					PB (50m pool): 01:33.70 SB: 01:30.81 Temse 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.57		01:30.81	
	00:44.57		00:46.24		
					

Coach feedback:

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Event number: 8: 100M BACKSTROKE MEN 13-14					Heat:1, starttime: 11:50
Heat: 1/2 Lane : 4 Athlete: VAN CAMPFORT OLIVIER					Q-time: 01:19:82
PB (25m pool): 01:19.82 Nijlen 01/03/2026					PB (50m pool): 01:20.31 SB: 01:19.82 Nijlen 01/03/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.69		01:19.82	
	00:38.69		00:41.13		
					

Coach feedback:

Event number: 8: 100M BACKSTROKE MEN 13-14					Heat:2, starttime: 11:53
Heat: 2/2 Lane : 4 Athlete: VAN SEVEREN MERLIJN					Q-time: 01:12:64
PB (25m pool): 01:12.64 Stedelijk Zwembad Geel 15/02/2026					PB (50m pool): 01:12.91 SB: 01:12.64 Stedelijk Zwembad Geel 15/02/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.94		01:12.64	
	00:35.94		00:36.70		
					

Coach feedback:

Event number: 8: 100M BACKSTROKE MEN 13-14					Heat:2, starttime: 11:53
Heat: 2/2 Lane : 5 Athlete: MICHELS LINUS					Q-time: 01:15:66
PB (25m pool): 01:15.66 Nijlen 01/03/2026					PB (50m pool): 01:15.32 SB: 01:15.66 Nijlen 01/03/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.32		01:15.66	
	00:36.32		00:39.34		
					

Coach feedback:

Event number: 10: 400M FREESTYLE MEN 11-12							Heat:2, starttime: 12:18	
Heat: 2/2 Lane : 2 Athlete: ROOSEN MATHIJS							Q-time: 05:37:05	
PB (25m pool): 05:37.05 Aartselaar 01/11/2025				PB (50m pool): no time SB: 05:37.05 Aartselaar 01/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:21.07		no time		02:48.79
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:37.05

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Coach feedback:

Event number: 11: 100M BUTTERFLY WOMEN 13-14					Heat:1, starttime: 12:25
Heat: 1/2 Lane : 2 Athlete: GORIS ZITA					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 11: 100M BUTTERFLY WOMEN 13-14					Heat:1, starttime: 12:25
Heat: 1/2 Lane : 6 Athlete: ODINYA TAYRA					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 12: 100M BUTTERFLY MEN 13-14					Heat:1, starttime: 12:30
Heat: 1/2 Lane : 3 Athlete: CARPENTIER THIBO					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

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Event number: 12: 100M BUTTERFLY MEN 13-14					Heat:2, starttime: 12:32
Heat: 2/2 Lane : 5 Athlete: VAN SEVEREN MERLIJN					Q-time: 01:16:99
PB (25m pool): 01:16.99 Antwerpen 12/10/2025					PB (50m pool): 01:19.38 SB: 01:16.99 Antwerpen 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.80		01:16.99	
	00:35.80		00:41.19		
					

Coach feedback:

Event number: 12: 100M BUTTERFLY MEN 13-14					Heat:2, starttime: 12:32
Heat: 2/2 Lane : 6 Athlete: JAMMAER TIJL					Q-time: 01:19:24
PB (25m pool): 01:19.24 Aartselaar 01/11/2025					PB (50m pool): 01:21.08 SB: 01:19.24 Aartselaar 01/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.81		01:19.24	
	00:35.81		00:43.43		
					

Coach feedback: